



Becket Keys Church of England School

10th March 2023

IN THIS ISSUE

Mrs Trebess writes:

International Women's Day, Wednesday 8th March

It was international women's day on Wednesday, and to mark this event we used materials with students this week to support their personal development regarding their understanding of misogyny.



It seems fitting to feature an inspirational woman on the front page today.

Today is Friday the 10th of March, feast of the abolitionist, Harriet Tubman, who died on this day in 1913.

Araminta Ross was born into slavery sometime around the year 1820 in Maryland, USA. Although she never learned to read or write, her mother furnished her mind with a rich treasure of stories from the Bible. As she grew up, her faith also grew strong, along with a determined desire to be free. In 1849 she realised it was not enough simply to pray for deliverance from slavery, 'She needed to combine faith with action. By escaping to the North,' writes historian Catherine Clinton, 'she felt she

.....contd. on page 2



BECKET KEYS
Church of England School

Reading Recommendations

Following on from World Book Day we have a reminder of short story collections.

Page 4

Biblical Pause

Whoever wants to be great must become a servant.

Page 7-8

Art & Textiles Department

View the excellent work from our talented students.

Page 9-15

Sports News

Recent fixture results and reports from students who compete at National levels outside of school.

Page 16-18

.....contd. from Page 1

would be doing God's will.'

After a remarkable escape, she made her way to freedom in Pennsylvania and, as was common for former slaves, took a new name: Harriet Tubman.

Along the way, Harriet had been helped by 'the Underground Railroad' – an undercover network of men and women assisting escaped slaves along the track to freedom. Now that she was free, Harriet was not content to leave her extended family behind in slavery, and so she became a 'conductor' on the Railroad, rescuing many of her family members, and hundreds of others, and escorting them on their journey north. Harriet became a leading abolitionist. In fact, she was so successful that slaveowners posted a \$40,000 reward for her capture or death.

Thomas Garret, a stationmaster in the Underground Railroad, said of Harriet that he had never met anyone 'who had more confidence in the voice of God spoken direct to her soul. 'She "had faith in God"; always asked Him what to do, and direct her, "which," she said, "He always did."

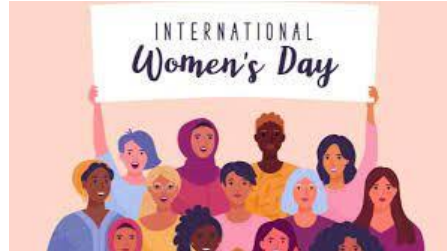


Harriet often preached the power of persistence:

If you are tired, keep going; if you are scared, keep going; if you are hungry, keep going; if you want to taste freedom, keep going.

What inspirational words for all of us to live by.

**Mrs Trebess
Deputy Headteacher**



Campaign theme: #EmbraceEquity

Equity isn't just a nice-to-have, it's a must-have. A focus on gender equity needs to be part of every society's DNA. It is critical to understand the difference between equity and equality. The aim of the IWD 2023 #EmbraceEquity campaign theme is to get the world talking about *Why equal opportunities aren't enough*. People start from different places, so true inclusion and belonging require equitable action.

So, give equity a huge embrace!



We can all truly **embrace equity**. It's not just something we say. It is not just something we write about. It's something we need to think about, know, value and embrace. It's what we believe in, unconditionally. Equity means creating an inclusive world. And we can all play a part. Each one of us can actively support and **embrace equity** within our own sphere of influence.

We can all challenge gender stereotypes, call out discrimination, draw attention to bias, and seek out inclusion.

Gender equity isn't limited to women solely fighting the good fight. Allies are incredibly important for the social, economic, cultural, and political advancement of women. Everyone everywhere can play a part.



Being included, and a sense of belonging, feels right. Equality is the goal, and equity is the means to get there. Through the process of equity, we can reach equality.

Find out more here:

<https://www.internationalwomensday.com/>

Careers Information



**Last spaces for
February & March
Employability
Workshops**



Hurry - last spaces remaining for March workshops!

The last spaces are remaining for our virtual Employability Skills workshops in March. Book now to avoid disappointment.

What does it include?

- Features industry professionals.
- Suitable for students from Year 7-13.
- Includes interactive activities
- Learn more about the roles in the food & consumer goods industry.

[Spaces are limited - click here to book the date of your choice.](#)

How does it work?

- Fits within a school lesson, lasting 45 minutes.
- Join from one or multiple classrooms for as many students as you like.
- We send a simple one-click link to join the workshop.
- **No webcam or microphone is required.**

Why should I book?

- Our workshop meets the Gatsby Benchmark 4.
- Help your students to develop their employability skills.
- Discover roles and opportunities in a new industry.

[Ready to book? Click here to reserve your space instantly now.](#)

**EMPOWERING POSITIVE CHANGE
THROUGH CAREERS EDUCATION.**

#NCW2023

This week we celebrated National Careers Week at Becket Keys.

The aim was to provide a focus for "hope for the future", next steps and our students' eventual career choice.

PSHE lessons all had a careers focus, with a key theme being Labour Market Information. These lessons were intended to help students think about their interests and thin about career longevity.

During tutorial sessions live career talks were played to students, ranging from hospitality to law. These sessions were active and engaging with the intent to interest students in the range of careers opportunities available and to inspire students to start planning and preparing for their next steps.

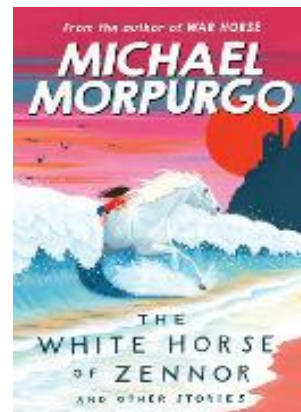
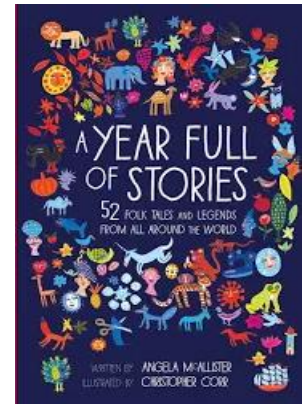
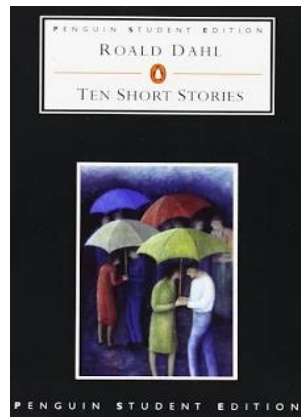
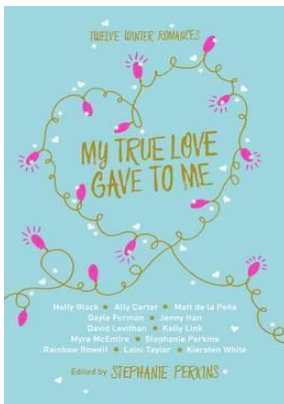
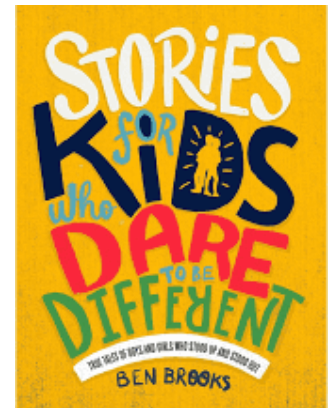
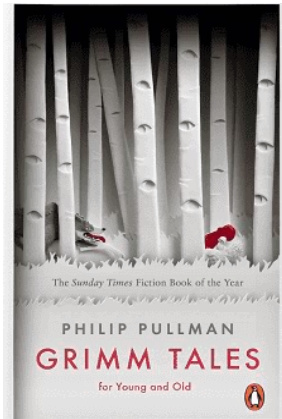
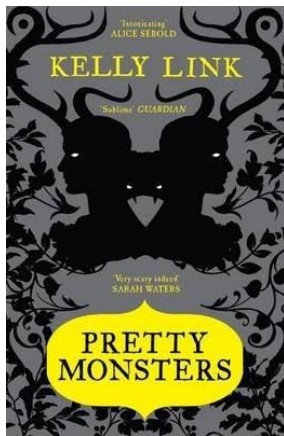
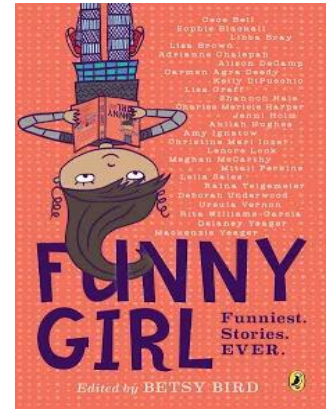
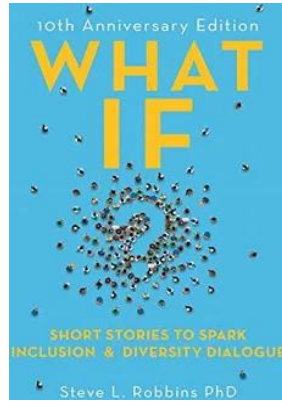
Every lesson had a 'Do Now' with careers focus to highlight how each subject goes hand in hand with future career choices. Within our teaching, we aim to show how our subjects can lead to a range of different career pathways and opportunities.

We hope our students enjoyed National Careers Week and made use of the many opportunities available. Please remember to check News for Today, the newsletter and the careers board for the latest careers information.

Ms North – Head of Careers

Book Recommendations – Short Stories

Last week during the World Book Day celebrations, we wanted students to take enjoyment from the stories we shared with them. World Book Day aims to promote reading for pleasure, a message we strongly believe in. Below is a reminder for some suggested collections of short stories for secondary aged students.



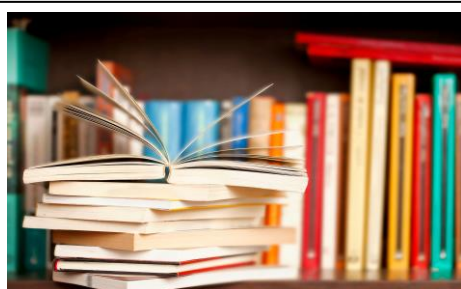
World Book Day Book Tokens

Remember World Book Day provide £1.00 book tokens which can be used to exchange for a book. This year these are digital and can be used from Thursday 16 February to Sunday 26 March 2023.

Please scan the QR code below to access this:



If students would like any more reading suggestions, they can talk to their English teacher, who is always happy to help them find books they will enjoy.



If you have recently read a book that you enjoyed why don't you write a review for the newsletter so we can share your recommendation?

Tell us a bit about the story (no spoilers!), what genre it is from and why you enjoyed it. Send it to the school office or your English teacher.

School UNIFORM SALE

The next pre-loved uniform sale will be held on


Saturday 11th March 2023
11.00am – 12.30pm
School playground

If you have any donations of uniform, then please send them into reception with your son/daughter as soon as possible.

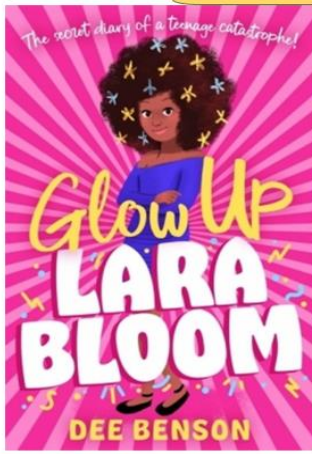
On this date, we will also be having a 'cash for clothes' collection to raise money for the school. This is an ideal opportunity to declutter clothes (adults and children), footwear, hats, belts and bags and donate to help raise funds for the school. Drop off 10.00am – 12.00pm

Please **do not** donate any household linens (towels, sheets, pillows or duvets) as these are not being collected at this time.

Thank you!



Book of the Month - March



Meet Lara Bloom - the best friend you never knew you needed. This is her diary...

Lara Bloom is captain of the school football team, best friends with Anaya, Becky and Kayleigh, and top-notch at embarrassing herself. Just before Year 10 starts, Lara bumps into a new boy, Caiden – and he's GORGEOUS. She begins to think that the way to his heart is to give herself a glow up. But her friends are not impressed. You should never glow up for a boy, only for yourself! They are going to have goddess energy, queen energy, supermodel energy and independent woman energy. Cue lots of rituals, embarrassment and laughter.

As Lara and her friends embark on their project of empowerment and self-love, Lara shares her innermost thoughts with her online journal. How can she keep her hair under control when she's playing football? Why is she so fast on the pitch yet so uncoordinated off it? And how will she ever convince Caiden to take an interest in her, especially with the beautiful Sienna draping herself over him at all times?

With her worries safely locked in her top-secret journal, Lara is on track to unlock the glow-up of her dreams. Surely nothing could possibly go wrong?! Then Lara's journal is leaked for everyone at school to see. She is so mortified she decides she'll never leave her bedroom again!

Can her friends help her to uncover the truth and set Lara back on track?

And so begins Lara's journey towards accepting herself as she is – football skills, big hair and all. Set in Liverpool, with a Black protagonist who's brilliant at football but can be 'girly' too, this is a warm, funny, delightfully hapless diary-format story of friendship, crushes and learning to love yourself.



W/c 20.02.23, 13.03.23, 17.04.23, 08.05.23, 05.06.23



WEEK ONE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TRADITIONAL DISH Rustic Beef Ragu in Penne Pasta with Crispy Garlic Flat Bread	Spicy Chicken Doplaza Curry with Pilau Rice and Mango Chutney	Pork Sausages served with a Yorkshire Pudding, Buttered Peas and Roasties	Jerk Chicken Thighs served with Rice and Peas with a Pineapple Salsa	Smoky BBQ Pulled Pork Burger, Skinny Fries and Firecracker Corn
GLOBAL GUEST Vegan Bolognese With Crispy Garlic Flat Bread and Green Salad	Tomato Pasta Bake topped with Bechamel Sauce and Cheddar	Vegetable Cottage Pie served with a Yorkshire Pudding and Buttered Peas	Roasted Butternut Squash and Apricot Tagine served with Spicy Cous Cous	Kung-Pao Stir Fried Vegetables with Egg Fried Rice
Freshly Baked Tomato and Mozzarella Pizza Slices	Chef's Pasta Bar Tomato, Pesto or Bolognese	Veggie Egg Noodle pots with Teriyaki Broth	Sweet Mediterranean Chicken and Rice Wraps	Fish Finger Baps with Tartare Sauce
Hot DELI DELICIOUS DESSERTS Apple Sponge Cake	Key Lime Pie with a Digestive Base	Rocky Road Tray Bake	Coconut and Raspberry Jam Slice	Orange Zest Brownie

MAIN COURSES SERVED WITH SEASONAL VEGETABLES

Late Gate

Early is on time,
On time is late,
And late is unacceptable!

At Becket Keys, we look to ensure that we are preparing students for life beyond school. We encourage students to attend school regularly and on time.

Remember that the school gate closes at **8.25am**. This allows students enough time to be at their first lesson on time. Period 1 begins at 8.30am.

Brentwood can be tough to negotiate during rush hour, so we encourage students and parents to contact the school in the case of **genuine** lateness, such as delayed public transport.

Parents can call the main school line 01277 286600 or use the "Studybugs" app.

We thank you for your support.



A Message for Sixth Form 6th Form Leavers' Hoodies

Details have been sent home to parents today with a link to order. Please place all orders by **29th March 2023!**

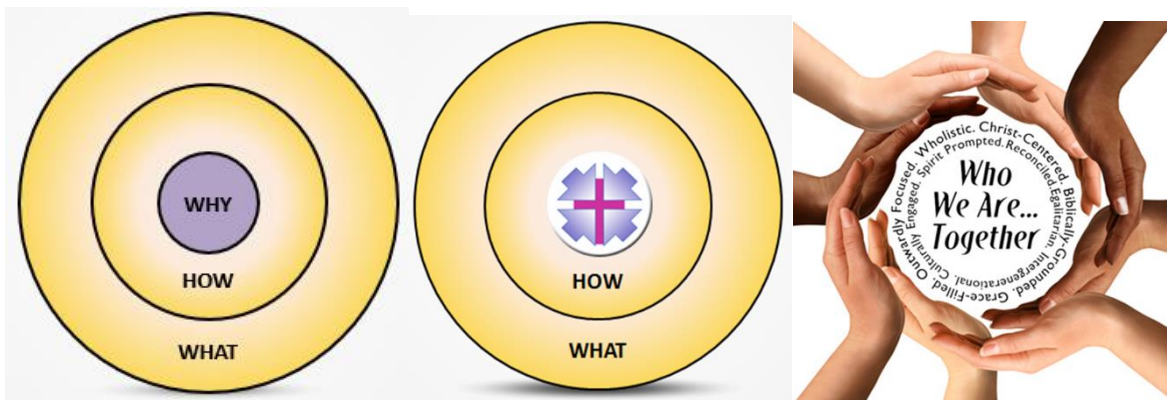
Delivery will be to a home address so the earlier you make their purchase, the earlier you get access to your exclusive, highly desirable and personalised Becket Keys hoodie!



PAUSE

*"Whoever wants to be great must become a servant."
Mark 10:43*

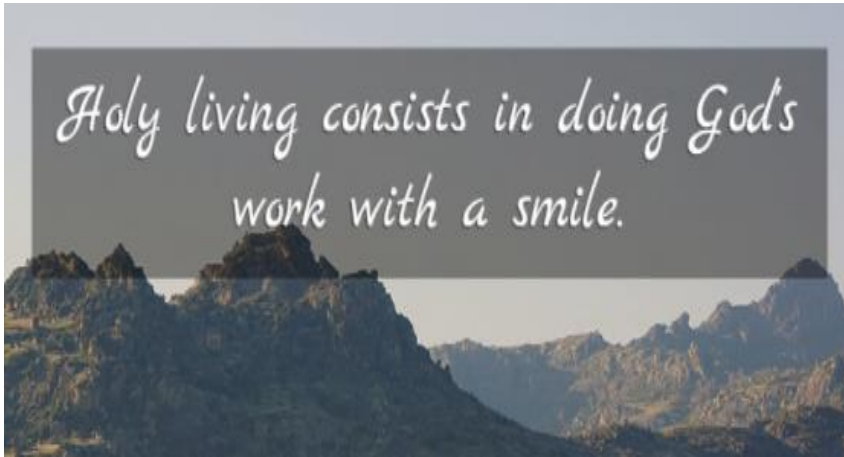
In last week's Biblical Pause, it was suggested that Lent is a perfect time to evaluate how well we put our faith in action; it is a time to challenge ourselves to ensure that our faith is clearly expressed in all aspects of our lives. Staff at Becket Keys are clear of the 'Why' of Becket Keys and their purpose in our community. We have a shared language and shared understanding of what Becket Keys is about. As a Church of England School, the 'Why' is Christ-centred. Look at the centre of the second diagram below; an adaptation of Simon Sinek's 'Golden Circle'. I have created the cross in the centre out of arrows pointing inwards. We need to think, act and communicate from the inside out to show that Christ is at the heart. This informs the how and the what; the 'lived-outness' of faith. It is with servitude that we approach our work and relationship at Becket Keys.



The world defines greatness in terms of power, possessions, prestige, and position. If you can demand service from others, you have made it! In our self-serving culture with its "me first" mentality, acting like a servant is not always a popular concept. Jesus, however, measured greatness in terms of service, not status. Thousands of books have been written on leadership, but few on servanthood. Everyone wants to lead; no one wants to be a servant. But to be like Jesus is to be a servant:

"Your attitude must be like my own, for I, the Messiah, did not come to be served, but to serve and to give my life." Matthew 20:28

God determines your greatness by how many people you serve, not how many people serve you.



For Christians, service is not something to be tacked onto our schedules if we can spare the time. It is the heart of the Christian life. Jesus came “to serve” and “to give” – and these two verbs should define your life on earth too. Serving and giving sum up is part of God’s purpose for our lives. Mother Teresa once said, **“Holy living consists in doing God’s work with a smile.”**

Jesus taught that spiritual maturity is never an end in itself. Maturity is for ministry! We grow up in order to give out. It is not enough to keep learning more and more. We must act on what we know and practice what we claim to believe. Study without service leads to spiritual stagnation. The old comparison between the Sea of Galilee and the Dead Sea is still true. Galilee is a sea full of life, because it takes in water, but also gives it out. In contrast, nothing lives in the Dead Sea because, with no outflow, the sea has stagnated. We need serving experiences in which we can exercise our spiritual muscles. At Becket Keys, our inward focus on Christ leads to an outward focus on others.

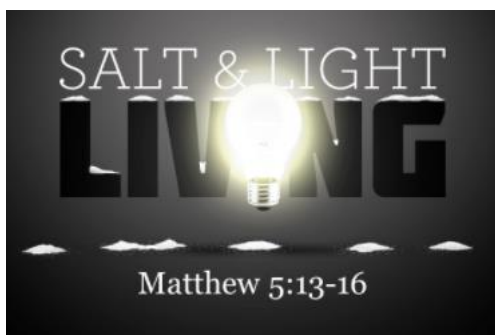


The mature follower of Jesus stops asking, **“Who’s going to meet my needs?”** and starts asking, **“Whose needs can I meet?”** A servant heart reveals Christian maturity. God notices even the smallest acts of kindness; picking up litter, checking someone else is OK, smiling and forgiving someone ... the list could go on indefinitely. There are always things we could do or say to brighten the day for those we meet and reflect God’s love.

St Teresa of Avila’s beautifully expressed this servitude:
***Christ has no body but yours,
 No hands, no feet on earth but yours,
 Yours are the eyes with which he looks
 Compassion on this world.***



I love the tangible, physical nature of these words. They are direct and unmistakable. We see that the Christian life is dynamic and active; to be lived out in our lives, to be embodied. We are called individually to be **salt and light in this world**, preserving the teachings of Jesus and revealing God’s love (Matthew 5:13-16). Anyone can be a servant. All it requires is character!



Let us pray:

May God grant us open eyes, open minds, open hands and open hearts this Lent and always, so that we can continually be the hands and feet of Jesus Christ here on earth. May God bless us with the right resources, along with a spirit of generosity, kindness, humility, compassion, a thankful heart, and an ever-willing heart for serving God and others.
Amen.

Mrs Sharp - Deputy Headteacher

Art & Textiles

Star Artist Year 10

Sauda Rahman



Lowri O'Brien Yr 11



Rhea Patel Yr 13



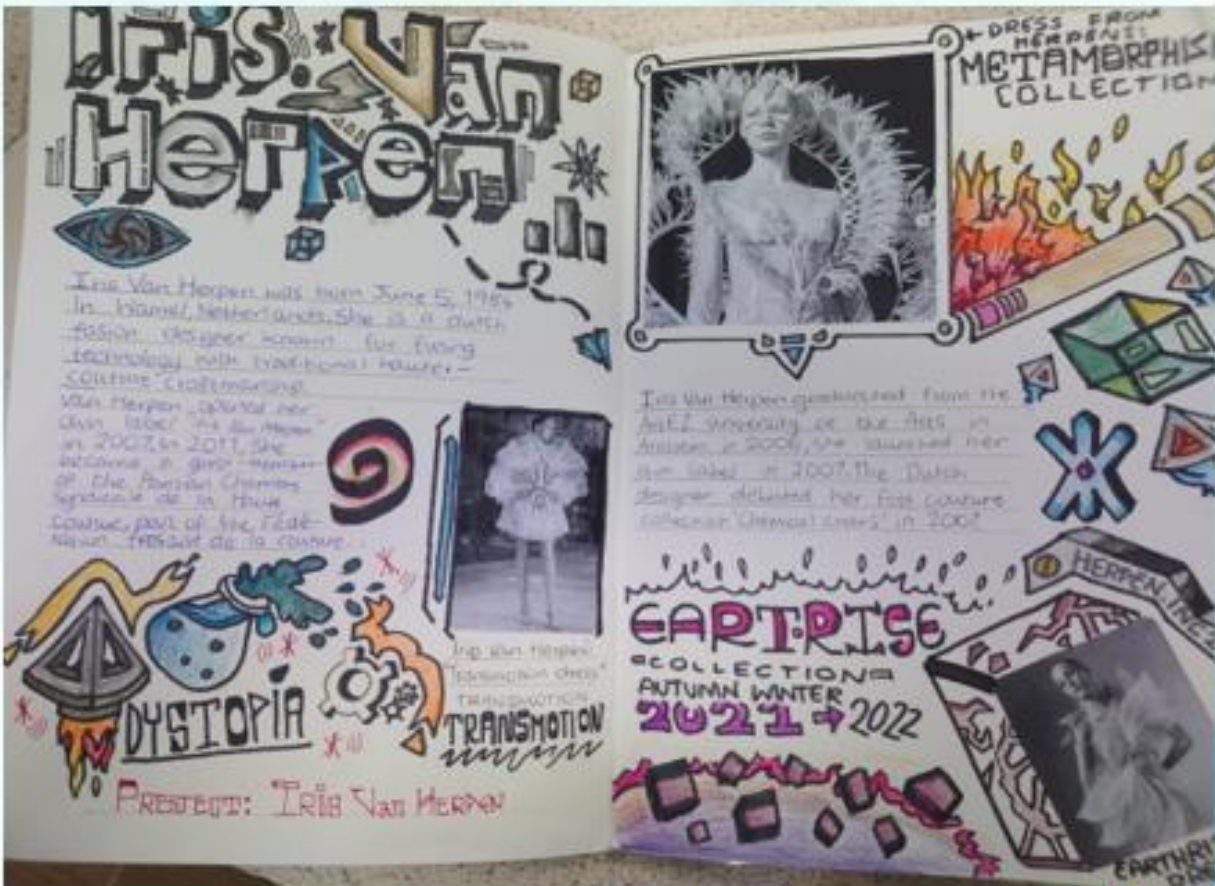
Matthew Stephens Yr 11



James Head

Yr 11





Avidan George Yr 9



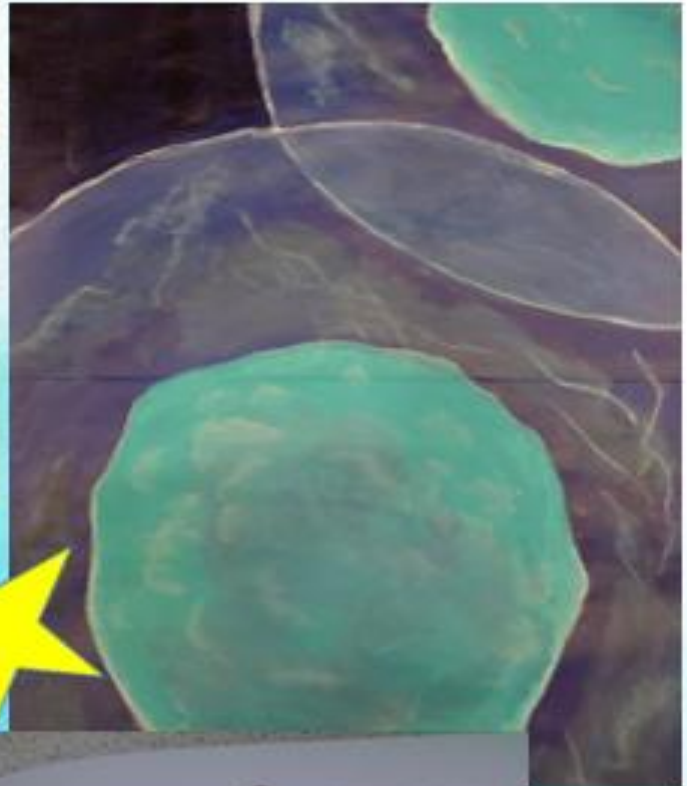
Lois Gilbey Yr 10



@becketkeysarttextiles



Jessica West Yr 10



Krasi Daneva
Year 9



Summer Davies Yr 9

In Art & Textiles this week with Mrs Cherry... Star of the week

Y7



Marcus White



@becketkeysart



Marcus White Y7





Sophie Spencer Y9

Beth Wright Y9



Artist Study
Tris Van Halpen

Tris Van Halpen is a designer born in 1977 in New York City. She was born in New York City and studied at the Parsons School of Design in New York. In 2000, she moved to London and became a member of the Fashion Chamber of Commerce in the Haute Couture, part of the Fédération Française de la Couture. She has since then has continued to work in the fashion industry at Paris from 2001.

his Artist study was made by
Jake Hayward



Jake Hayward Y9

Tris Van Halpen

Tris Van Halpen is a designer who has been in the fashion industry since 1998. She studied at the Parsons School of Design in New York City. She is most famous for her futuristic, body-sculpting dresses. She has worked for several years at the Parsons School of Design in New York City.

his Artist study was made by
Evan Hoad Y9

Tris Van Halpen



Mid Essex District v Liverpool Boys Football

On Saturday 4th March, the Chelmsford and Mid Essex Year 7 district football team travelled to Liverpool for the quarter final of the ESFA National Cup against Liverpool Boys. Stanley Boon and I (Jake Allan) represented Becket Keys.

The whole team were excited to travel to Liverpool for what we knew would be a difficult game, as most of the opposition were academy players for Premier League teams including Liverpool, Manchester City and Everton.

The Mid Essex boys were strong and were leading with 5 minutes to go, when the referee awarded a soft penalty to the Liverpool

Boys who scored to bring them level, taking us into extra time.

Despite our best efforts, they scored the winner in extra time and we lost 3-2. It was a great performance from the Mid Essex Boys and I am very proud to be part of our district team and to reach the quarter final in a national cup.

Jake Allan
Year 7

Student Sporting Achievement

Max Sanderson Year 10

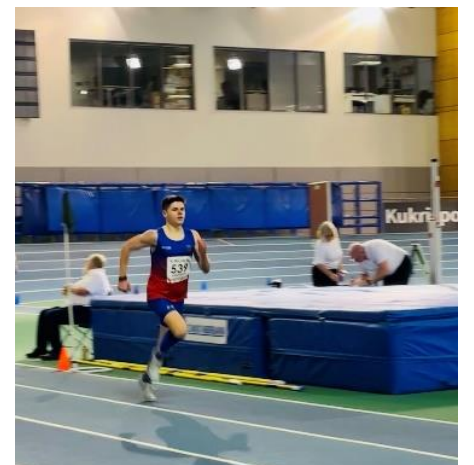
On 11th February, Max Sanderson travelled to Sheffield to compete in the U17 England Athletics National Indoor Championships.

To even meet the qualification

standards for this event is an incredible achievement, particularly being an athlete in his first year of the age group, and the experience to be gained at such an event is invaluable. Plus this is only his first year of competitive running!

Max finished the day in the U17M 800m heats and ran the race of his life to finish 5th with a new PB of 2:03.52.

Brentwood Beagles, his athletics club are so proud of Max for representing his club (and school) so brilliantly at national level.



Girls' Gymnastics



The girls are dominating our sporting success this week. This time, our 2023 Gymnastics squad travelled locally to Chelmsford.

Results are currently pending but the performances were fluid and expertly executed as we witnessed all the hard work come to fruition.

Girls' Netball



On Thursday the Year 7-9 netball teams played Anglo School with three convincing wins. The girls played with determination and dedication. The speed of play was impressive with quick interceptions leading to strong attacking play back to our circle players, who were on fire. In our next training session, we will be focusing on coming forward for the ball, rather than relying on others.

Year 7 player of the match:
Vienna Hayes.

Year 8 player of the match:
Scarlett Sawkins.

Year 9 player of the match:
Imogen Hutton.

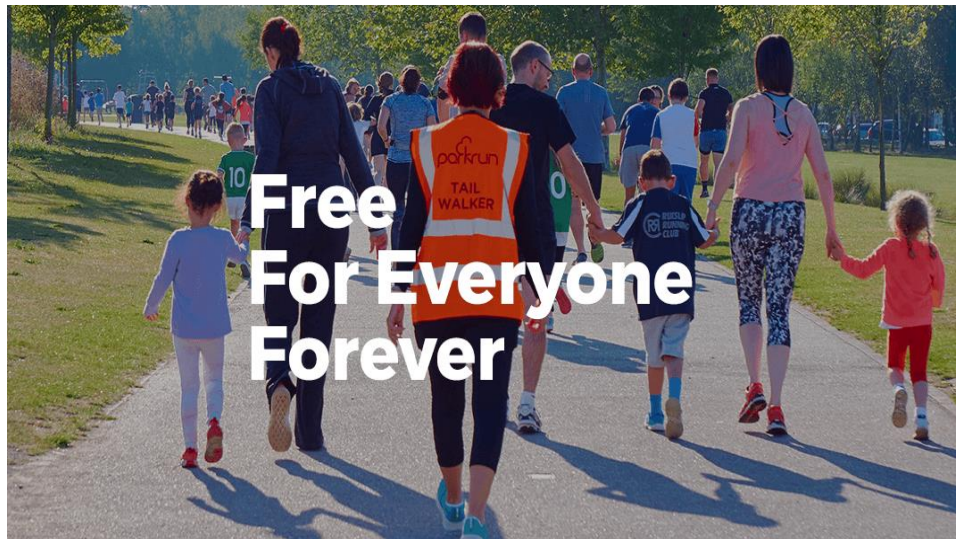


BECKET KEYS
Church of England School





This week the students have been getting tips on how to protect their Mental Health. It is important to spend time outdoors in nature and to be active. Spending time in nature has been found to assist with anxiety and depression and there are also links between nature and relaxation and being outside gives our bodies much needed vitamin D from sunlight. Being active is good for both your mind and body and every minute of activity counts; the more you do the more you will benefit. Exercise can improve your sleep, clear your mind, boost your energy and help with back or joint pain.



In order to combine nature and exercise why not join the Parkrun? Parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Parkrun is 5k and takes place every Saturday morning. Junior Parkrun is 2k, dedicated to 4-14 year olds, and their families, every Sunday morning.

Parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last!

Everyone is welcome to come along.

Parkrun is free and you only need to register once whether walking, jogging, running, volunteering or a combination.

There are currently 1,163 parkrun events around the country taking place every weekend, with more locations being added all the time.

You can go along to any event, any weekend. Find out more here:

<https://www.parkrun.org.uk/>



DATES FOR YOUR DIARY

NEARLY NEW UNIFORM SALE AND
'CASH FOR CLOTHES' COLLECTION
SATURDAY 11TH MARCH 2023

*

NEW DATE
YEAR 7
SUBJECT CONSULTATION EVENING
TUESDAY 14TH MARCH 2023
(SOME STILL TAKING PLACE
ON 16TH MARCH 2023)

*

SPRING CONCERT
THURSDAY 23RD MARCH 2023

*

END OF TERM
STUDENT HALF DAY
FRIDAY 31ST MARCH

*

EASTER HOLIDAY
MONDAY 3RD APRIL –
FRIDAY 14TH APRIL

*

INSET DAY
NO STUDENTS IN SCHOOL
MONDAY 17TH APRIL 2023

Becket Keys Church of England School

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