



Becket Keys Church of England School

17th March 2023

IN THIS ISSUE

Mrs Dowsett writes:

This week we have been celebrating Neurodiversity Week at Becket Keys. Founded in 2018, Neurodiversity Celebration Week is a worldwide initiative that challenges stereotypes and misconceptions about neurological differences.

On Wednesday's whole school collective worship, I spoke to our students about how neurodiversity means recognising that everyone's brain works differently. The human brain is an amazingly powerful organ, and no human brain is exactly alike. God has a plan for all of us and has made everyone to be unique.

In Jeremiah Chapter 1 verse 5 the Bible says "Before I formed you in the womb I knew you, before you were born I set you apart."

The beauty of our diverse brains means that the things that some of us will find challenging that others find easy. One of my greatest challenges in life has been learning to pass my driving test. I am a competent driver but found that nerves crippled me. Eventually with persistence and effort I finally passed my driving test on my fourth attempt.

A word that I find challenging is when I hear people being described as 'normal' or 'abnormal.' I would like to argue that there is no such idea of 'normal' as we are all unique. I would like challenge us to not use the word 'normal' and instead use the term diverse which is much more inclusive.

In the collective worship I spoke about the labels that are used to

.....contd. on page 2



BECKET KEYS
Church of England School

Music Department

Details of a recent event for the Sixth Form and details of the next concert.

Page 4

Biblical Pause

Help from the Lord.

Page 9-10

Art & Textiles Department

View the excellent work from our talented students.

Page 11-18

Sports News

Recent fixture results and details of the local Parkrun.

Page 19-20

.....contd. from Page 1

show different ways of thinking including dyslexia, Autism and ADHD. For each of these labels there are strengths as well as different ways of perceiving the world. Many famous people have spoken about their barriers to learning and how overcoming these have made them the person that they are today.

Last month I was inspired to read in the news about Jason Arday who became Cambridge University's youngest black professor. What made his story so amazing was that Arday was diagnosed with Autism and global developmental delay. He was unable to speak until he was 11 years old and could not read and write until he was 18 years old. Arday overcame his barriers and now aged 37 he has achieved his life-long goal of becoming a Sociology professor.

Every day that I work as a teacher and at Becket Keys, I am encouraged by our students and colleagues who continue to work hard to overcome their own unique differences and challenges. I urge us all to be respectful, caring and responsible to each other's differences. One of the greatest powers we have is the ability to make a positive difference to someone through our caring words. Can you accept the challenge to make someone's day by being fair and caring?

Mrs Dowsett
Assistant Headteacher/SENDcO



Cambridge University's Jason Arday becomes youngest black professor

Sociologist Prof Jason Arday trained as a PE teacher before turning to academia.

<https://www.bbc.co.uk/news/uk-england-cambridgeshire-64717079>

www.bbc.co.uk



Neurodiversity Celebration Week

Neurodiversity Celebration Week

Neurodiversity Celebration Week aims to bring about worldwide neurodiversity acceptance, equality and inclusion in schools and workplaces.

www.neurodiversityweek.com

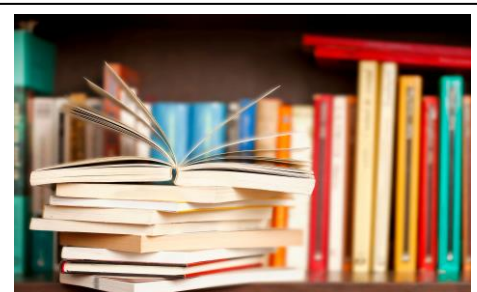
World Book Day Book Tokens

Remember World Book Day provide £1.00 book tokens which can be used to exchange for a book. This year these are digital and can be used from Thursday 16 February to Sunday 26 March 2023.

Please scan the QR code below to access this:



If students would like any more reading suggestions, they can talk to their English teacher, who is always happy to help them find books they will enjoy.



If you have recently read a book that you enjoyed why don't you write a review for the newsletter so we can share your recommendation?

Tell us a bit about the story (no spoilers!), what genre it is from and why you enjoyed it. Send it to the school office or your English teacher.

Supporting your neurodiverse child

Does your child or young person have any of the following issues that worry you?



Supporting your neurodiverse child resource pack

Written by Essex Family Forum, MyOTAS and SEND the Right Message, this information pack is to help families navigate the support that is available and includes practical interventions, resources, hints and tips based on the lived experiences of local families. Available both online and in hard copy, simply scan the QR codes opposite, or visit the Essex Family Forum website.



View a digital copy here

About Essex Family Forum

Essex Family Forum (EFF) is the parent carer forum in Essex for families whose children and young people have special educational needs or disabilities (SEND). We need to hear your views and experiences to represent your voice. Visit our website at www.essexfamilyforum.org to find out more about what we do, to access the resource pack and to share your experiences and feedback via our virtual graffiti wall.



Order your free hard copy here

Support for children and young people with SEND

The Local Offer gives children and young people with SEND, and their families, information about what support services are available in their local area. You can access the Essex Local Offer at www.essexlocaloffer.org.uk



Share feedback via our graffiti wall here

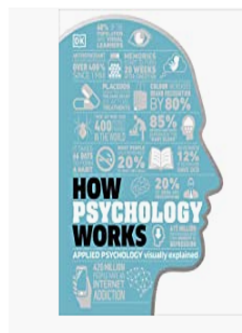


Ms. Stone & Mrs Walker recommend...

'How Psychology Works'

How far would you go to obey orders? Why do many people - even some scientists - believe in miracles? Find out the answers to these questions and much more in this visual guide to applied psychology.

This is an interesting read that covers the basics of many topics stimulating and encouraging further reading into topics of interest. It can be linked to several areas of the A-level specification.



Music Department

On Monday 13th March three of our sixth form students took part in a piano masterclass with one of Europe's leading young pianists, Danilo Mascetti. We were invited by the director of music, Andrew Wright at Brentwood Cathedral to take part in our second such masterclass.



All three students performed exceptionally well, and Danilo focused on how to produce a beautiful tone from the piano and spoke about the differences between the fortepiano of Haydn's time to that of the much larger grand piano that Debussy would have enjoyed.

This was a unique opportunity for our students to have a lesson with a leading artist and play the new grand piano in the Cathedral. We were treated at the end by a performance from Danilo who enthralled the audience with a very moving Ukrainian piece ending with a dramatic Beethoven work.

Mr Romhany
Director of Music

Spring Concert

This concert will feature a variety of the musical groups here at Becket Keys, including Stage Band, Orchestra, Choir, Rock Bands and Jazz Band.

This occasion will also celebrate our Year 13 students, and a chance to celebrate the Year 13s who have contributed to concerts over the years. Many of whom will be performing at their last concert at the school.





Come and join the Coronation Festival at King George's Playing Field on Monday 8 May

Brentwood Council will join towns and cities across the country to celebrate His Majesty King Charles III being crowned alongside the Queen Consort.



The Coronation will take place at Westminster Abbey on Saturday 6 May, with a series of special events planned. This extended bank holiday 6-8 May 2023 will provide an opportunity for communities throughout the United Kingdom and Commonwealth to come together to celebrate the historic

Coronation of His Majesty the King and Her Majesty the Queen Consort.

To celebrate, Brentwood Council in collaboration with the Imperial Youth Band, Brentwood School Big Band, St Thomas' Church Mass Choir and Deputy Lieutenant Graham Clegg are pleased to be hosting a Coronation Festival on **Monday 8 May from 12-5pm in King George's Playing Field.**

The free event will be an afternoon full of entertainment in the park to celebrate the King's Coronation with food, drink and family activities. Recalling His Majesty's lifelong dedication to public service, supported by The Queen Consort and other Members of The Royal Family, it is hoped the Coronation will bring communities together in volunteering initiatives and create a legacy from the Coronation weekend. With this in mind there will be a strong sense

of community and many groups will be in attendance, from uniform groups to local charities and voluntary sectors, all coming together to celebrate the King's Coronation.

Buckingham Palace is also encouraging residents to take part in street parties and gatherings, the Big Lunch and Big Help Out events, as part of the celebrations.

Brentwood Borough Council's Chair of the Community, Environment and Enforcement Committee, Councillor Will Russell, said: "The Coronation of a new monarch is a significant moment in our history and many people in the UK and across the Commonwealth will be keen to celebrate. The Coronation Festival at King George's Playing Fields will be a wonderful time to celebrate with friends, family and neighbours but it also provides an opportunity to give something back to the community.

"The programme of events has been specially developed to be in line with the King's recognised interests in volunteering, nature, the environment and communities. I would like to encourage everyone in Brentwood to come along on Monday May 8th to mark this national celebration".



Other Coronation Celebration Activities

Street Party

Residents are reminded that local communities planning to hold street parties to mark the Coronation are encouraged to apply now if they need temporary road closure for their event. The application form and details are now live on the Council's website. To help residents commemorate the Coronation the Council is waiving the usual administration fee for street party road closures, but applications will need to be registered by no later than **Friday 17 March 2023**.

Coronation Big Lunch

The Coronation Big Lunch, on 7 May, will encourage communities to come together, celebrate their connections and get to know each other better. It will bring the Coronation festivities into the heart of every community. For helpful tips, advice and support for organising a successful event, visit www.royal.uk/coronation-weekend-plans-announced

If you would like to volunteer, please email events@brentwood.gov.uk

For more information about the Coronation and the nationwide events check out the official website here:

<https://coronation.gov.uk/>

Student Achievement Keegan Blignaut – Year 9

In response to the recent 'I Got Shoes' appeal we heard about at school, I decided that I wanted to collect some money to help the children in need and to provide more shoes for the children in need. I explained the situation that many children find themselves in to members of my family and close friends. I collected £10 from each person I spoke to and collected a total of £100! I was very pleased to be able to donate this money to I Got Shoes so that more children would be able to get shoes for their school day.



**I GOT
SHOES**

Ellie-Rose Lawson

Year 7

Ellie-Rose came 4th out of 21 girls at National Level 2 at Skate London this week with a personal best score of 20.12 and she was only 0.12 from 3rd place score.

Well done Ellie-Rose!



Careers Information

APPRENTICESHIP & WORK EXPERIENCE OPPORTUNITIES TO APPLY FOR



With these brands>>



Deutsche Bank



Opportunities close this month!

Scan this QR code to view these opportunities



Want support with your application?

Book in your 15 minute support session on Tuesday, Wednesday, & Thursday during term time!

Book your session via our website:
www.pathwayctm.com



Thu 30 Mar 2023 | 18:00-19:00

Insight Event about Nursing

Interested in a career in Nursing?

Together with Nursing South East we are putting on a one hour insight event to help you learn about the **Nursing Associate Programme**.

During the event you will **hear from current students** on the programme, **find out about how to apply** and what that process looks like, and **learn some top tips for your application**.


Sign up:

<https://pathwayctm.com/event/insight-event-about-nursing/>

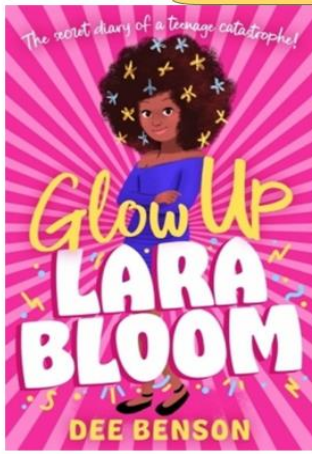
Apprenticeships - There are a whole host of apprenticeship to choose from in the local area. Follow the links below for more details for some in the Motor trade.

Balgores Motors Apprentice Vehicle Damage Panel Technician – Brentwood. <https://www.findapprenticeship.service.gov.uk/apprenticeship/1000140623>

Balgores Motors Apprentice Vehicle Damage Paint Technician – Brentwood. <https://www.findapprenticeship.service.gov.uk/apprenticeship/1000140652>



Book of the Month - March



Meet Lara Bloom - the best friend you never knew you needed. This is her diary . . .

Lara Bloom is captain of the school football team, best friends with Anaya, Becky and Kayleigh, and top-notch at embarrassing herself. Just before Year 10 starts, Lara bumps into a new boy, Caiden – and he's GORGEOUS. She begins to think that the way to his heart is to give herself a glow up. But her friends are not impressed. You should never glow up for a boy, only for yourself! They are going to have goddess energy, queen energy, supermodel energy and independent woman energy. Cue lots of rituals, embarrassment and laughter.

As Lara and her friends embark on their project of empowerment and self-love, Lara shares her innermost thoughts with her online journal. How can she keep her hair under control when she's playing football? Why is she so fast on the pitch yet so uncoordinated off it? And how will she ever convince Caiden to take an interest in her, especially with the beautiful Sienna draping herself over him at all times?

With her worries safely locked in her top-secret journal, Lara is on track to unlock the glow-up of her dreams. Surely nothing could possibly go wrong?! Then Lara's journal is leaked for everyone at school to see. She is so mortified she decides she'll never leave her bedroom again!

Can her friends help her to uncover the truth and set Lara back on track?

And so begins Lara's journey towards accepting herself as she is – football skills, big hair and all. Set in Liverpool, with a Black protagonist who's brilliant at football but can be 'girly' too, this is a warm, funny, delightfully hapless diary-format story of friendship, crushes and learning to love yourself.

World
KITCHEN

w/c 27.02.23, 20.03.23, 24.04.23, 15.05.23, 12.06.23

Aspens
FOODS

WEEK TWO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Bolognaise served with a Garlic Bread Slice and Green Salad	Build Your Own Chicken Fajitas with Rice, Red Cabbage and Salads	Skin on Roast Chicken Thigh, Roasties, Seasonal Vegetables and Gravy	Bengali Pork shoulder served with Pilau Rice, Poppadoms and Mango Chutney	Crispy Battered Fish Fillet with Lemon Mayo, Chunky Chips, and Baked Beans
Spaghetti Quom Meatballs in Chef's Home made Tomato Sauce	Vegetable Chilli Nachos with Home Made Tomato Salsa	Veggie Toad in the Hole served with Seasonal Vegetables and Gravy	Spinach and Onion Bhajis served with an Indian Pomegranate Salad	Vegetable Enchiladas served with Chunky Chips and Fresh Salad Leaves
Freshly Baked Tomato and Mozzarella Pizza Slices	Veggie Egg Noodle Pots with a Teriyaki Broth	Pasta Bar!!! Tomato Bolognaise or Carbonara	Chipotle Marinaded Chicken and Rice Wraps	All American Hot Dogs with Mustard Mayo
Vanilla Sprinkle Sponge	Rich Chocolate and Orange Mousse	Oaty Apple Crunch Bar	Hand Made Iced Sugar Glazed Buns	Tottenham Cake

TRADITIONAL DISH

GLOBAL GUEST

Hot·DELI· DELICIOUS DESSERTS

MAIN COURSES SERVED WITH SEASONAL VEGETABLES

Late Gate

Early is on time,
On time is late,
And late is unacceptable!

At Becket Keys, we look to ensure that we are preparing students for life beyond school. We encourage students to attend school regularly and on time.

Remember that the school gate closes at **8.25am**. This allows students enough time to be at their first lesson on time. Period 1 begins at 8.30am.

Brentwood can be tough to negotiate during rush hour, so we encourage students and parents to contact the school in the case of **genuine** lateness, such as delayed public transport.

Parents can call the main school line 01277 286600 or use the "Studybugs" app.

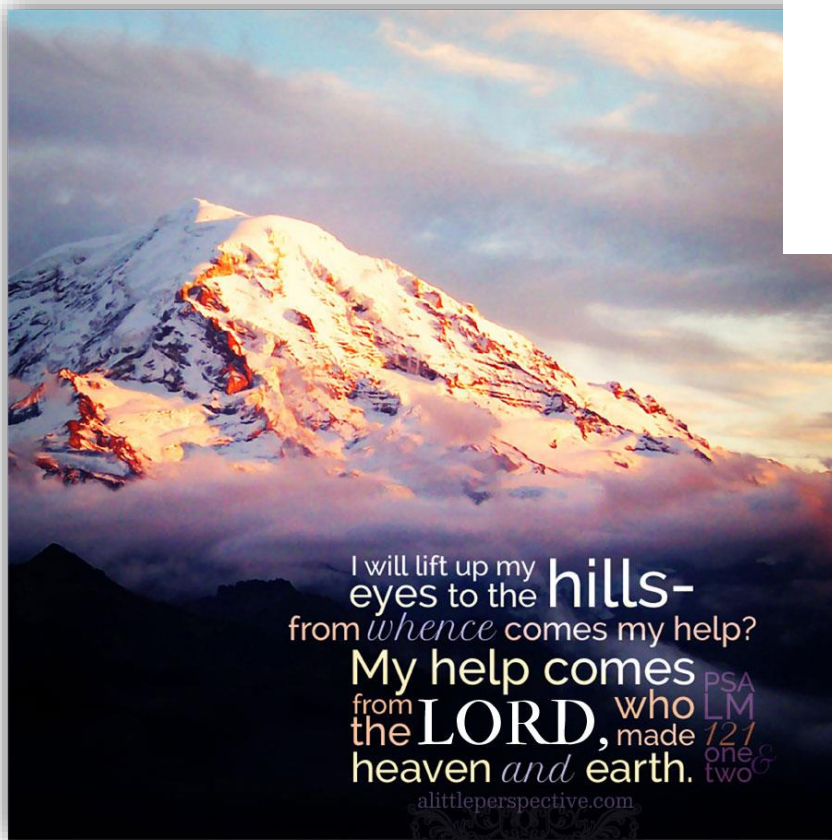
We thank you for your support.



A Message for Sixth Form 6th Form Leavers' Hoodies

Details have been sent home to parents today with a link to order. Please place all orders by **29th March 2023!**

Delivery will be to a home address so the earlier you make their purchase, the earlier you get access to your exclusive, highly desirable and personalised Becket Keys hoodie!



PAUSE

These words, from the psalmist, David, speak of both a sense of threat and a hope of help. These words, or similar, are voiced by millions of people around the world daily. Words that are spoken, though not always heard, and not always answered. **'My help comes from the Lord, who made heaven and earth.'** More words. This time, words that speak of a source of protection, even deliverance from danger – namely the Lord. These words are proclaimed in the Psalter for others to take up as their own song. Yet what use are these words to those who suffer conflict, marginalisation, and injustice? What comfort to those who are offered little peace, opportunity, or freedom? What use is a song if it is not rooted in reality? For those across the world who have endured the reality of conflict and extreme violence, how do these words resonate? For those who, daily, do not have access to clean water or enough food? For those who endure the brunt of a typhoon or the injustice of displacement from the land that has been theirs for generations? One priest said: 'We call this book the book of life, and that is what it is, for there is a word in this book, which if we hear it, we will live.' How do these words of the psalmist, these

Help from the Lord

'I lift up my eyes to the hills — from where will my help come?'

Psalm 121 is a song for the journey to Jerusalem, appropriate for this time of Lent as we consider Jesus' and our own Lenten journeys. It is referred to as a 'Psalm of ascension' or travel:

I lift up my eyes to the hills—
from where will my help come?

*My help comes from the Lord,
who made heaven and earth.*

*He will not let your foot be moved;
he who keeps you will not slumber.*

He who keeps Israel

will neither slumber nor sleep.

*The Lord is your keeper;
the Lord is your shade at your right
hand.*

*The sun shall not strike you by day,
nor the moon by night.*

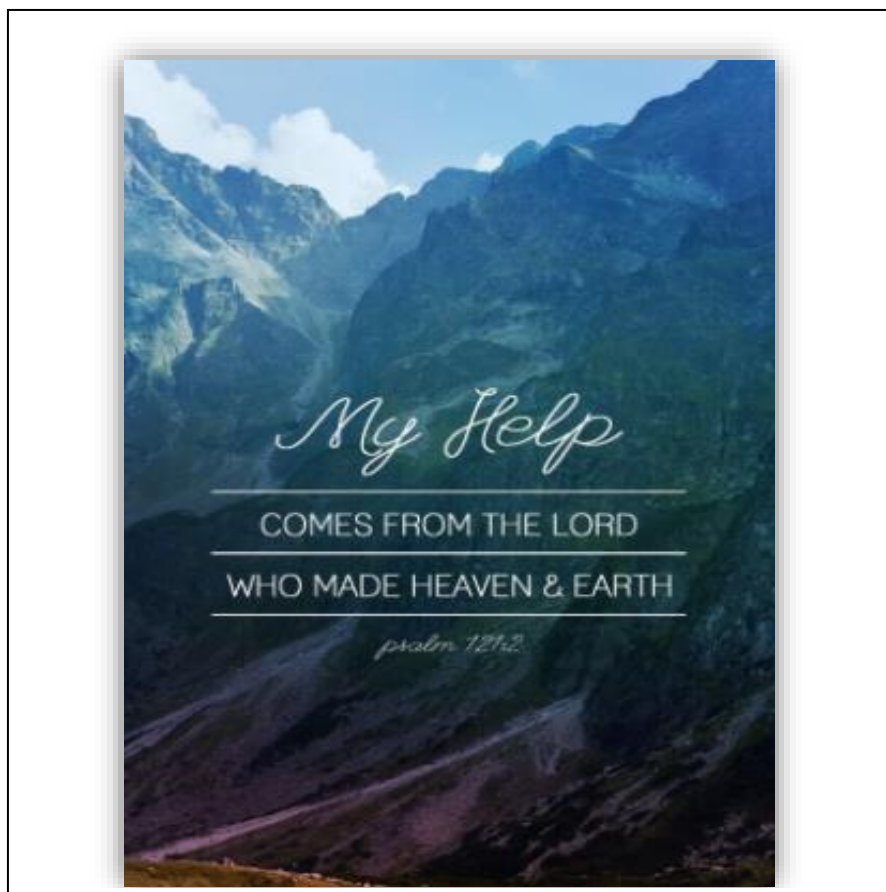
*The Lord will keep you from all evil;
he will keep your life.*

*The Lord will keep
your going out and your coming in
from this time on and for
evermore.*

words of God, become the-word-made-flesh for the many people who cannot yet sing this song? What must happen for all of God's people to hear these words of protection and find new life in them?

We can embody the Word of God, put it into action and be part of the essential work of building safe lives – that others might take up the song: 'My help comes from the Lord, who made heaven and earth.' There is a danger to focusing on our own stories, blinkered to the struggles of the wider world. Take time this weekend to widen your view, to search beyond the immediate horizon. Reflect on the words of this Psalm:

- Read over Psalm 121 slowly, and notice if there are any lines, verses or even single words that catch your attention.
- What are they? What is it about them that draws your attention?
- Do you have any experience that speaks to that verse or word?
- Spend some time slowly repeating the phrase from Psalm 121 that you noticed, and let it sink into you. After a while, consider how the words might help you in your support of others, such as in situations of conflict?



What would these words look like if put into action?

- Finally, taking this phrase (or indeed another from the psalm) ask, 'How do these words help us love God, others, and perhaps ourselves, more?'

Listen to the words of the hymn 'I lift my eyes to the quiet hills' written by Timothy Dudley (a retired bishop of the Church of England). He was the Archdeacon of Norwich Cathedral, as well as the Bishop of Thetford, so he was inspired by our own wonderful countryside and hills close to home. Rest in the presence of God, our strength and shield:

<http://www.viewpure.com/pgjHvROQp38?start=0&end=0>

Let us pray:

*For those who have watched over us,
for those that have protected us,
for those that have shielded us,
thanks be to the Lord,
maker of heaven and earth.*

May the Lord watch over us and protect us all. May He fill all hearts with peace and comfort.

Amen.

**Mrs Sharp
Deputy Headteacher**

Art & Textiles

Star Artist Year 10

Jessica West





Jessica Owens Yr 7



Archie Chivers Yr 7



Henry Borg Yr 7



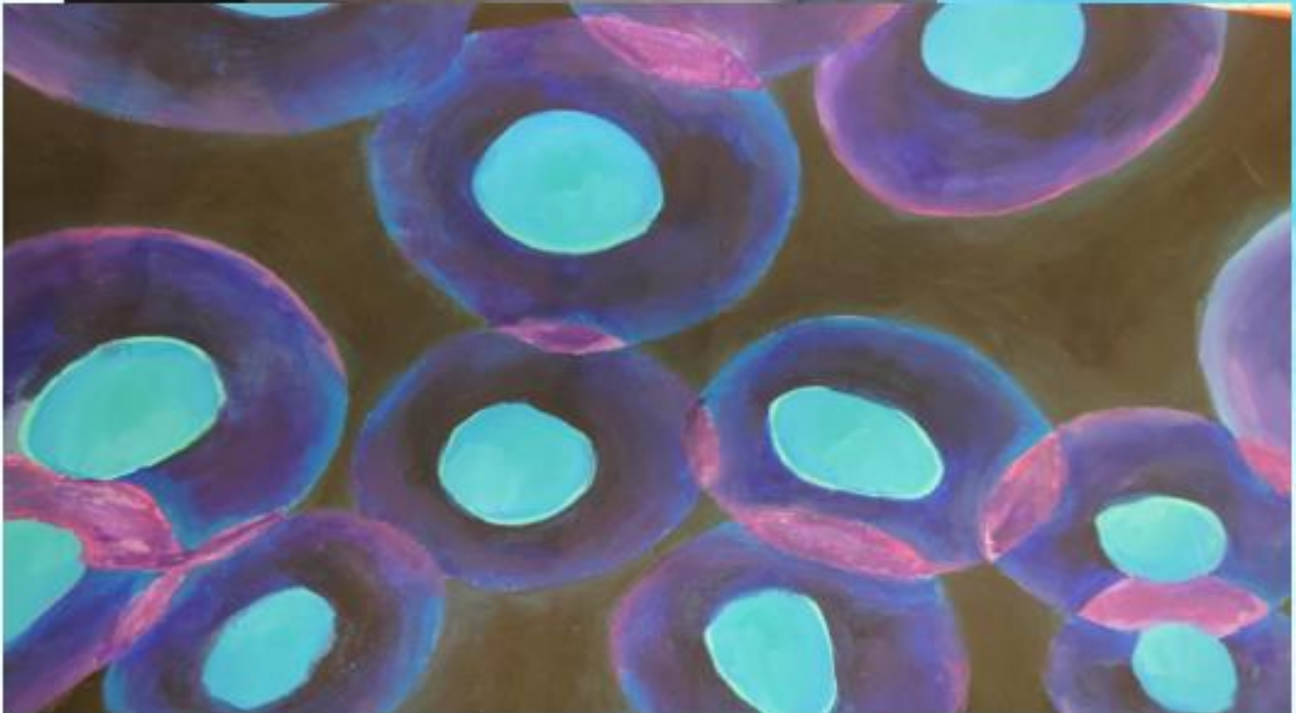
Ciaran Hendry Yr 7





Yr 13

Cordelia Hoxha



[@becketkeysarttextiles](https://www.instagram.com/becketkeysarttextiles)

Amelie Coleman Yr 10

Emily Rokoszynski Yr 12



In Art & Textiles this week with Mrs Cherry... Star of the week

Y13



Charlotte Hope



@becketkeysart



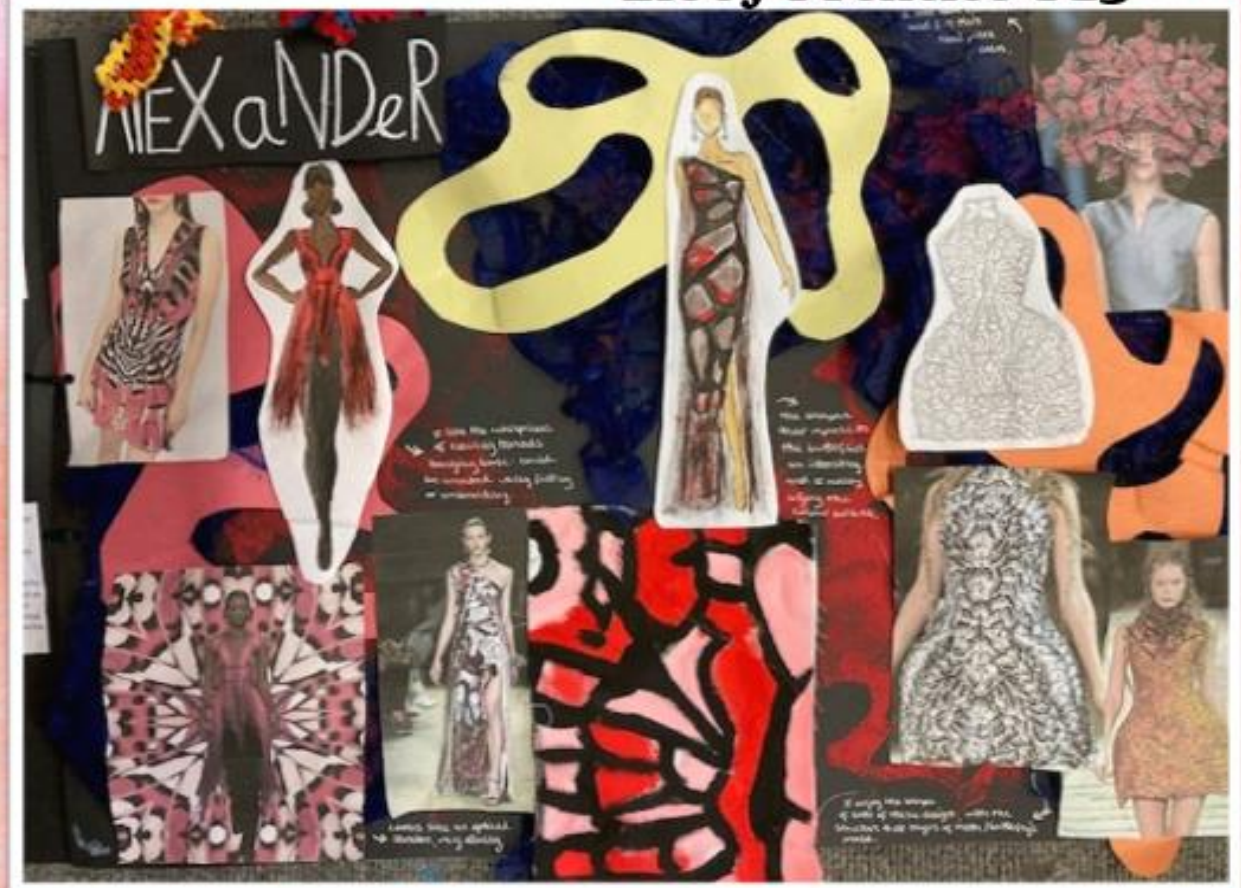
Jess Prentice Y13



Charlotte Hope Y13



Libby Prentice Y13



Eleanor Monaghan-Bishop Y7



Matthew Sala Y8



Madison Moon Y8

Elizabeth Elliott Y8



Girls' Netball Year 7 & 8



The students in the Year 8 and 9 netball teams displayed an excellent level of fitness and teamwork in their matches against Beaulieu Park School. The Year 8 team played in cold and wet conditions yet used great balance and control to ensure that they secured a 14-6 win. The Year 9 team were fortunate enough to play inside the sports hall. They played in a variety of positions demonstrating great versatility and were victorious with a 40-5 win.

The Year 8 team consisted of Imogen Hutton; Scarlett Sawkins; Isabel Collins; Kaylin Nachwa Muwenda; Isabella Hutton; Maddie Moon and Leoni Witchalls.

The Year 9 team consisted of Imogen Walls; Holly Marder; Lily Matthews; Liz Griffiths; Esme Hodges; Tiannah Hayes; Evanthe Antoniou and Olivia Miller. The Yr8 player of the match was Maddie Moon and the Year 9 player of the match was Lily Matthews.

Well done to all the girls.

Mrs Joughlin
PE Teacher



BECKET KEYS
Church of England School



This week the students have been getting tips on how to protect their Mental Health. It is important to spend time outdoors in nature and to be active. Spending time in nature has been found to assist with anxiety and depression and there are also links between nature and relaxation and being outside gives our bodies much needed vitamin D from sunlight. Being active is good for both your mind and body and every minute of activity counts; the more you do the more you will benefit. Exercise can improve your sleep, clear your mind, boost your energy and help with back or joint pain.



In order to combine nature and exercise why not join the Parkrun? Parkrun is a free, community event where you can walk, jog, run, volunteer or spectate. Parkrun is 5k and takes place every Saturday morning. Junior Parkrun is 2k, dedicated to 4-14 year olds, and their families, every Sunday morning.

Parkrun is positive, welcoming and inclusive, there is no time limit and no one finishes last!

Everyone is welcome to come along.

Parkrun is free and you only need to register once whether walking, jogging, running, volunteering or a combination.

There are currently 1,163 parkrun events around the country taking place every weekend, with more locations being added all the time.

You can go along to any event, any weekend. Find out more here:

<https://www.parkrun.org.uk/>



DATES FOR YOUR DIARY

SPRING CONCERT
THURSDAY 23RD MARCH 2023

*

YEAR 9
VACCINATIONS
FRIDAY 24TH MARCH 2023

*

WHOLE SCHOOL
LENT EUCHARIST
THURSDAY 30TH MARCH 2023

*

END OF TERM
STUDENT HALF DAY
FRIDAY 31ST MARCH 2023

*

EASTER HOLIDAY
MONDAY 3RD APRIL –
FRIDAY 14TH APRIL 2023

*

INSET DAY
NO STUDENTS IN SCHOOL
MONDAY 17TH APRIL 2023

*

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