

David Adesokan: The Power of Laws of Attraction

Ask yourself this: Who are you? What makes you so different to person sitting next to you?

By not having the answer to this question, you lack a skill that can change your life.

'Low self-confidence isn't a life sentence. Self-confidence can be learned, practiced, and mastered just like any other skill. Once you master it, everything in your life will change for the better.'" - Barrie Davenport (author and founder for self-improving website 'Live Bold and Bloom')

A person with a negative attitude towards life or themselves wakes up and sees only negativity around them. They may see that bad things are happening and may begin to have a bad perception of themselves or even feel like they are cursed.

However, Law of Attraction tells us that we can consciously choose our life experiences and by thinking and feeling positively, we can change our realities for the better.

Law of Attraction simply works through the power of focus. As you shift your focus from negative to positive, you start to change your experiences and completely change your life in a way that is personal to you.

Positive Affirmation: Statements that can help you to challenge and overcome self-sabotaging and negative thoughts

Negative conditioning of the subconscious mind is one of the many reasons why many people fail to achieve what they truly desire in life.

Human mind works like a computer in the sense that the subconscious mind can be considered an operating system running on programs of beliefs, thought and behaviour patterns. The conscious mind can be considered the mouse, which is the control device used to select the programs you want to run.

By repeating empowering messages to the subconscious mind, although consciously we cannot hear these messages, subconsciously, we pick them up and store them in our memory. By repeating these sorts of messages, it can help eradicate the negative perceptions we have on ourselves and change them into positive perceptions of ourselves.

Thank You